



Client #: _____

BETWEEN

LA PAUSE YOGA CHAUD INC.

125, Chemin St-François-Xavier, Candiac, Québec, J5R 3X8, suite 105, 450-845-9642, lapauseyogachaud.com

AND

THE CLIENT

Name:		Tel:	Cell.:
Sex: ___ F ___ M	Date of Birth:	E-mail:	
Address: Civic # / Street /		City /	Province / Postal Code / apt.
Emergency Contact (1):			

___ I permit *La pause yoga chaud inc.* to take necessary measures in case of an emergency.

___ I permit *La pause yoga chaud inc.* to provide me with promotional offers and other news about it by email. This authorization does not allow them to provide my email address.

What do you do for a living / occupation? _____

DECLARATION ON MY HEALTH STATUS

Check the box(es) that apply to you:

- | | | |
|---|---------------------------------------|-------------------------------|
| <input type="checkbox"/> I'm pregnant | <input type="checkbox"/> Diabetes | <i>I am injured in my:</i> |
| <i>suffer from:</i> | <input type="checkbox"/> Epilepsy | <input type="checkbox"/> Back |
| <input type="checkbox"/> Heart problems | <input type="checkbox"/> Chronic Pain | <input type="checkbox"/> Neck |
| <input type="checkbox"/> Respiratory problems | Specify: _____ | <input type="checkbox"/> Join |
| <input type="checkbox"/> Hypertension | _____ | |

Do you have a particular medical condition, or you take a particular medication that you should declare to *La pause yoga chaud inc.* for your safety? ___ Yes ___ No

If yes, specify: _____

NB₁: Our regular classes are taught in a room whose temperature is maintained at 35°- 37 ° C and humidity at 20-35 %.

NB₂: We remind you that it is always best to consult a doctor before starting a new exercise program.

*****NO DELAY ACCEPTED**

Out of respect for your fellow yogis and teachers, it is highly encouraged that you be in the studio and on your mat 10 minutes before the beginning of the class. This also permits to release your daily tensions, take time to catch your breath and to prepare your muscles for the class to come.

CONTRACT DESCRIPTION

Following the signing of this contract and receipt of full or partial payment allowed by La pause yoga chaud inc. , the latter undertakes to allow the customer to participate , at any time , the yoga classes on opening hours and depending on the package .

EQUIPEMENT

A yoga mat is required to attend the course. The customer who fails to provide them, can rent at the counter. **We unfortunately can no longer lend yoga accessories such as blocks, straps and bolsters for prevention and safety (covid) but you can bring your own accessories to your favorite classes.** If you want, you can purchase accessories on site or online. (Pick up at the studio). Showers are available and some hygiene products are provided (shampoo, shower gel, moisturizer, etc.). And don't forget your mask ;)

FINANCIAL CONSIDERATIONS

All payments must be made by cash or credit card at the time of signing this contract. If the customer pays in two installments, the second installment will be automatically deducted from your credit card by La pause hot yoga inc. on the agreed date. Hereby, the customer agrees to provide the necessary information and authorizes the debit. In the event that for any reason beyond the control of La pause hot yoga inc. it would be impossible to take the expected amount, the payment will be considered late and fees of **2% / month** interest at **24% / year** may be required. Customer services could also be suspended until the overdue amount is paid.

TRANSFER OF THE CONTRACT

This contract may not be assigned or transferred by any means to anyone and cannot be suspended by the client.

BOOKING AND COURSE CANCELLATION

The number of people is limited in each course. Priority is given to customers who booked their place. Or, if a customer comes without having booked his place and none are available, *La pause yoga chaud inc.* is not responsible. The customer must be present at a later time, and without compensation. If a customer books a course, but he cannot attend, he should proceed to its cancellation at least **2** hours before the start of it. Otherwise, a course will be deducted from his time or if the package is unlimited, a penalty of **\$20** will be charged to him.

OTHER DETAILS

The customer acknowledges that it is possible that a yoga teacher touches them to correct their posture, for example. This allows him to do so at any time. The Customer undertakes to inform the teacher before each course if they does not, however, want to be touched. In addition, the client also undertakes to inform the teacher before each course if he is suffering from an illness, a physical disability, chronic pain, injury, or has any limitation and keep informed of La pause hot yoga inc. of any change in his condition.

DISCLAIMER

I HEREBY CONFIRM THAT MY FITNESS ALLOWS ME TO PRACTICE YOGA HOT SAFELY. I ACKNOWLEDGE THAT MY HEALTH AND SAFETY ARE MY OWN RESPONSIBILITY AND THERE IS A RISK OF INJURY DESPITE THE FACT THAT I AM PHYSICALLY FIT AND THAT I'VE BEEN GIVEN INSTRUCTIONS. I AM AWARE THAT THE ROOM HAS HEATED FLOORS AND THAT MAY BECOME SLIPPERY WHEN THE COURSE BEGINS. I AGREE AND I ASSUME THE RISKS AND HAZARDS AND THE POSSIBILITY OF INJURY THAT MAY RESULT. I UNDERSTAND FURTHER THAT LA PAUSE HOT YOGA INC. IS NOT RESPONSIBLE FOR LOSSES, DAMAGES, UNAUTHORIZED USE, THEFT OR INJURY RESULTING FROM ANY PERSONAL PROPERTY WILL I GET CARRIED AWAY ON THE PREMISES. I FURTHER AGREE TO HOLD HARMLESS AND DO NOT CONTINUE LA PAUSE YOGA CHAUD INC. , DIRECTORS AND STAKEHOLDERS, OFFICERS, EMPLOYEES, AND ALL OTHERS ASSOCIATED WITH THIS UNDERTAKING OF ALL SHARES AND / OR LEGAL AND MAKES NO LIABILITY FOR ANY CLAIMS, ACTIONS OR LEGAL PROCEEDINGS, FEES, COSTS, EXPENSES (INCLUDING FEES LEGAL AND OTHER EXPENSES) FROM ANY AND RESPONSIBILITIES AND / OR RESULTING FROM MY LISTING ITS COURSE. THIS STATEMENT DISCLAIMER ALSO LIE ESTATE MA, MY FAMILY, MY HEIRS, REPRESENTATIVES AND ALL MY ASSIGNED TO BE MY PEOPLE.

NOTE REQUIRED BY LAW ON CONSUMER PROTECTION

(Service contract involving sequential performance for instruction, training or assistance)

The consumer may cancel this contract at any time by sending the form attached hereto or another notice in writing for that purpose to the merchant.

This contract is cancelled, without further formality, upon the sending of the form or notice.

If the consumer cancels this contract before the merchant has begun the performance of his principal obligation, the consumer has no charge or penalty to pay.

If the consumer cancels this contract after the merchant has begun the performance of his principal obligation, the consumer must pay only:

- (a) the price of the services rendered to him/her, computed on the basis of the rate stipulated in the contract; and
- (b) the less of the following 2 sums: **\$50**, or a sum representing not more than **10%** of the price of the services that were not rendered to him/her.

Within 10 days following the cancellation of the contract, the merchant must pay to the consumer the money he/she owes to him/her.

It is in the consumer's interest to refer to sections 190 to 196 of the Consumer Protection Act (chapter P-40.1) and, where necessary, to communicate with the "Office de la protection du consommateur."

I acknowledge the reception of an original copy of the contract and its termination formula. I agree to abide by the terms and conditions and the regulations and policies established by La pause yoga chaud inc. All of the information I have reported is accurate.

Signed to Candiac / Quebec, the _____ (date)

Client's Signature

Signature of representative of *La pause yoga chaud inc:*
